Sabouraud Dextrose Agar

**Intended Use**

Recommended for cultivation of *C. albicans* in accordance with the harmonized method of USP/EP/BP/JP.

**Composition**

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Gms / Litre</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dextrose (Glucose)</td>
<td>40.000</td>
</tr>
<tr>
<td>Mixture of Peptone and Tryptone (1:1)#</td>
<td>10.000</td>
</tr>
<tr>
<td>Agar</td>
<td>15.000</td>
</tr>
<tr>
<td>pH after sterilization (at 25°C)</td>
<td>5.6±0.2</td>
</tr>
</tbody>
</table>

Mixture of Peptone of animal tissue and Pancreatic digest of casein (1:1)#

**Directions**

Sabouraud Dextrose Agar is a ready to use solid media in glass bottle. The medium is pre-sterilized, hence it does not need sterilization. Medium in the bottle can be melted either by using a pre-heated water bath or any other method. Slightly loosen the cap before melting. When complete melting of medium is observed, dispense the medium in tubes as butts/slants or in plates as desired and allow to solidify. If on plate, either streak, inoculate or surface spread the test inoculum (50-100 CFU) aseptically.

**Principle And Interpretation**

Fungi were among the first microorganisms recognized because some of the fruiting structures, such as the mushrooms, are large enough to be seen without a microscope. Fungi can be grouped simply on the basis of morphology as either yeasts or moulds (9). Fungal diseases that occur on the skin, hair and mucous membrane are called superficial mycoses, and the organism that cause them, the dermatophytes (10). Where fungi are to be isolated, it is good practice to use a medium that favors their growth but is not optimal for the growth of bacteria.

Sabouraud Dextrose Agar is Carliers modification (3) of the formulation described by Sabouraud (11) for the cultivation of fungi (yeasts, moulds), and aciduric microorganisms. Sabouraud Dextrose Agar is recommended for microbiological examination of non-sterile products in accordance with the harmonized method of USP/EP/BP/JP (12,2,4,7). This medium is also employed in microbial limit tests in pharmaceutical testing, food, cosmetics, and clinical specimens (1).

Peptone and Tryptone provide carbonaceous, nitrogenous compounds, long chain amino acids, vitamins and other essential growth nutrients. Dextrose (Glucose) provides an energy source. High dextrose concentration and low pH favors fungal growth and inhibits contaminating bacteria from clinical specimens (8).

Some pathogenic fungi may produce infective spores, which are easily dispersed in air, so examination should be carried out in safety cabinet. For heavily contaminated samples, the plate must be supplemented with inhibitory agents for inhibiting bacterial growth. Growth of white colonies may be indicative of presence of *Candida albicans*. The total combined yeast and molds count is considered to be equal to the number of colony forming unit found using this medium, if bacterial colonies are detected they are counted as part of total yeast and mold count. In case the bacterial colonies exceeds the acceptance criterion, then antibiotics can be supplemented in this medium.

**Type of specimen**

Pharmaceutical samples; Clinical samples-skin scrappings

**Specimen Collection and Handling**

For pharmaceutical samples, follow appropriate techniques for sample collection, processing as per pharmaceutical guidelines (12,2,4,7). For clinical samples, follow appropriate techniques for sample collection and processing as per guidelines (5,6). After use, contaminated materials must be sterilized by autoclaving before discarding.
Warning and Precautions
In Vitro diagnostic use. Read the label before opening the container. Wear protective gloves/protective clothing/eye protection/face protection. Follow good microbiological lab practices while handling specimens and culture. Standard guidelines should be followed while handling specimens. Safety guidelines may be referred in individual safety data sheets.

Limitations
1. For heavily contaminated samples, the media must be supplemented with inhibitory agents for inhibiting bacterial growth with lower pH.
2. Some pathogenic fungi may produce infective spores which are easily dispersed in air, so examination should be carried out in safety cabinet.
3. Further biochemical tests should be carried out for confirmation.

Performance and Evaluation
Performance of the medium is expected when used as per the direction on the label within the expiry period when stored at recommended temperature.

Quality Control
Appearance
Sterile Sabouraud Dextrose Agar in glass bottle.

Colour medium
Light amber coloured medium

Quantity of medium
100 ml of medium in glass bottle.

Reaction
5.40-5.80

Sterility Test
Passes release criteria

Growth Promotion Test
Growth Promotion was carried out in accordance with the harmonized method of ICH (USP/EP/BP/JP), after an incubation at 30-35 °C for 24-48 hours. Recovery rate is considered as 100% for bacteria growth on Soybean Casein Digest Agar and fungus growth on Sabouraud Dextrose Agar.

Growth Promoting Properties
Growth of microorganism comparable to that previously obtained with previously tested and approved lot of medium occurs at the specified temperature for not more than the shortest period of time specified inoculating <= 100 cfu (at 30-35°C for <= 24 hours).

Indicative properties
Colonies are comparable in appearance and indication reaction to those previously obtained with previously tested and approved lot of medium occurs for the specified temperature for a period of time within the range specified inoculating <=100cfu (at 30-35°C for 24-48 hours).

Cultural Response

<table>
<thead>
<tr>
<th>Organism</th>
<th>Inoculum (CFU)</th>
<th>Growth</th>
<th>Observed Lot value (CFU)</th>
<th>Recovery</th>
<th>Incubation temperature</th>
<th>Incubation period</th>
</tr>
</thead>
<tbody>
<tr>
<td>Growth Promotion + Indicative</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Candida albicans ATCC 10231 (00054*)</td>
<td>50 -100</td>
<td>Luxuriant (white colonies)</td>
<td>35 -100</td>
<td>&gt;=70 %</td>
<td>30 -35 °C</td>
<td>24 -48 hrs</td>
</tr>
<tr>
<td>Growth Promotion + Total yeast and mould count</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Candida albicans ATCC 10231 (00054*)</td>
<td>50 -100</td>
<td>luxuriant</td>
<td>35 -100</td>
<td>&gt;=70 %</td>
<td>20 -25 °C</td>
<td>&lt;=5 d</td>
</tr>
<tr>
<td>#Aspergillus brasiliensis ATCC 16404 (00053*)</td>
<td>50 -100</td>
<td>luxuriant</td>
<td>35 -100</td>
<td>&gt;=70 %</td>
<td>20 -25 °C</td>
<td>&lt;=5 d</td>
</tr>
</tbody>
</table>

Additional Microbiological Testing

Please refer disclaimer Overleaf.
Storage and Shelf life

On receipt store between 15-25°C Use before expiry date on the label. Product performance is best if used within stated expiry period.

Disposal

User must ensure safe disposal by autoclaving and/or incineration of used or unusable preparations of this product. Follow established laboratory procedures in disposing of infectious materials and material that comes into contact with sample must be decontaminated and disposed of in accordance with current laboratory techniques (5,6).

Reference


Revision : 01/2019

Please refer disclaimer Overleaf.
HiMedia Laboratories

Technical Data

In vitro diagnostic medical device

CE Marking

Storage temperature

15°C

25°C

Do not use if package is damaged

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