**Fluid Sabouraud Medium**

**Intended use**

Fluid Sabouraud Medium is recommended for use as a sterility testing medium for moulds and lower bacteria in pharmaceutical preparations and clinical samples.

**Composition**

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Gms / Litre</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tryptone</td>
<td>5.000</td>
</tr>
<tr>
<td>Peptone</td>
<td>5.000</td>
</tr>
<tr>
<td>Dextrose (Glucose)</td>
<td>20.000</td>
</tr>
<tr>
<td>Final pH (at 25°C)</td>
<td>5.7±0.2</td>
</tr>
</tbody>
</table>

**Directions**

Suspend 30 grams in 1000 ml purified/distilled water. Heat if necessary to dissolve the medium completely. Dispense into tubes or flasks as desired. Sterilize by autoclaving at 15 lbs pressure (121°C) for 15 minutes.

**Principle And Interpretation**

Fluid Sabouraud Medium is based on the formulation described by Sabouraud (7) for the cultivation of yeasts, moulds, and aciduric microorganisms, particularly useful for the fungi associated with skin infections. It is recommended for use as a sterility testing medium for moulds and lower bacteria. This mycological sterility testing medium is in accordance with USP (8) and the FDA (3) for the determination of fungistatic activity of pharmaceutical products to avoid false sterility tests. The acid reaction of the medium is inhibitory to a large number of bacteria and makes the medium particularly well suited for cultivating fungi and acidophilic microorganisms (1,3,6).

Tryptone and peptone provide nitrogenous and carbonaceous compounds, long chain amino acids, vitamins and other essential nutrients. Dextrose (Glucose) is the energy source. The low pH favors fungal growth and inhibits contaminating bacteria from clinical specimens (6). Some pathogenic fungi may produce infective spores, which are easily dispersed in air, so examination should be carried out in a safety cabinet. For isolation of fungi from potentially contaminated specimens, a selective medium should be inoculated along with the non-selective medium. Incubate at 25-30°C with increased humidity and examine at least weekly for fungal growth and should be held for 4-6 weeks before being reported as negative.

**Type of specimen**

Clinical samples - skin ; pharmaceutical samples.

**Specimen Collection and Handling**

For clinical samples follow appropriate techniques for handling specimens as per established guidelines (7,8).

For pharmaceutical samples, follow appropriate techniques for sample collection and processing as per guidelines (2).

**Warning and Precautions :**

In vitro diagnostic use. Read the label before opening the container. Wear protective gloves protective clothing eye protection face protection. Follow good microbiological lab practices while handling specimens and culture. Standard precautions as per established guidelines should be followed while handling clinical specimens. Safety guidelines may be referred in individual safety data sheets.

**Limitations**

1. It may not support the growth of all fungi.
2. Since the medium is non selective, bacterial cultures may also grow.
3. It is recommended to use selective media for isolation of fungi.
4. Biochemical test and serological procedures are required to confirm the findings.
Performance and Evaluation
Performance of the medium is expected when used as per the direction on the label within the expiry period when stored at recommended temperature.

Quality Control
Appearance
Cream to yellow homogeneous free flowing powder

Colour and Clarity of prepared medium
Light amber coloured, clear solution without any precipitate

Reaction
Reaction of 3.0% w/v aqueous solution at 25°C. pH : 5.7±0.2

pH
5.50-5.90

Cultural Response
Cultural characteristics observed after an incubation at 25-30°C for 48-72 hours.

<table>
<thead>
<tr>
<th>Organism</th>
<th>Inoculum</th>
<th>Growth</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Escherichia coli</em> ATCC 25922 (00013*)</td>
<td>50-100</td>
<td>luxuriant</td>
</tr>
<tr>
<td><em>Lactobacillus casei</em> ATCC 9595</td>
<td>50-100</td>
<td>luxuriant</td>
</tr>
<tr>
<td># <em>Aspergillus brasiliensis</em> ATCC 16404 (00053*)</td>
<td>50-100</td>
<td>luxuriant</td>
</tr>
<tr>
<td><em>Candida albicans</em> ATCC 10231 (00054*)</td>
<td>50-100</td>
<td>luxuriant</td>
</tr>
<tr>
<td><em>Saccharomyces cerevisiae</em> ATCC 9763 (00058*)</td>
<td>50-100</td>
<td>luxuriant</td>
</tr>
</tbody>
</table>

Key - (#) Formerly known as *Aspergillus niger*
Key : (*) Corresponding WDCM numbers.

Storage and Shelf Life
Store below 10-30°C in a tightly closed container and the prepared medium at 15-25°C. Use before expiry date on the label. On opening, product should be properly stored dry, after tightly capping the bottle in order to prevent lump formation due to the hygroscopic nature of the product. Improper storage of the product may lead to lump formation. Store in dry ventilated area protected from extremes of temperature and sources of ignition Seal the container tightly after use. Use before expiry date on the label. Product performance is best if used within stated expiry period.

Disposal
User must ensure safe disposal by autoclaving and/or incineration of used or unusable preparations of this product. Follow established laboratory procedures in disposing of infectious materials and material that comes into contact with clinical sample must be decontaminated and disposed of in accordance with current laboratory techniques (4,5).

Reference

Please refer disclaimer Overleaf.
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