Fluid Thioglycollate medium

**Intended use**

Fluid Thioglycollate Medium is used for sterility testing of biologicals and for cultivation of aerobes, anaerobes and microaerophiles as per British Pharmacopoeia.

**Composition**

<table>
<thead>
<tr>
<th>Ingredients</th>
<th>Gms / Litre</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tryptone#</td>
<td>15.000</td>
</tr>
<tr>
<td>Yeast extract</td>
<td>5.000</td>
</tr>
<tr>
<td>Glucose monohydrate</td>
<td>5.500</td>
</tr>
<tr>
<td>Sodium chloride</td>
<td>2.500</td>
</tr>
<tr>
<td>L-Cystine</td>
<td>0.500</td>
</tr>
<tr>
<td>Sodium thioglycollate</td>
<td>0.500</td>
</tr>
<tr>
<td>Resazurin sodium</td>
<td>0.001</td>
</tr>
<tr>
<td>Agar</td>
<td>0.750</td>
</tr>
</tbody>
</table>

**pH after sterilization (at 25°C)** 7.1±0.2

**Directions**

Suspend 29.25 grams (the equivalent weight of dehydrated medium per litre) in 1000 ml Water R/purified/distilled water. Heat to boiling to dissolve the medium completely. Sterilize by autoclaving at 15 lbs pressure (121°C) for 15 minutes. Cool to 25°C and store in a cool dark place preferably below 25°C.

Note: If more than the upper one-third of the medium has acquired a pink colour, the medium may be restored once by heating in a water bath or in free flowing steam until the pink colour disappears.

**Principle And Interpretation**

Brewer (1) formulated Fluid Thioglycollate Medium for rapid cultivation of aerobes as well as anaerobes including microaerophiles by adding a reducing agent and small amount of agar. The British Pharmacopoeia (2) USP (11), EP (3) and AOAC (12) have recommended the media for sterility testing of antibiotics, biologicals and foods and for determining the phenol coefficient and sporicidal effect of disinfectants. However, it is intended for the examination of clear liquid or water-soluble materials.

Tryptone and yeast extract serves as a source of nitrogen, carbon, long chain amino acids, vitamins and other essential growth nutrients. Glucose monohydrate is the fermentable carbohydrate and energy source. L-cystine is the amino acid necessary for bacterial multiplication. Sodium thioglycollate and L-cystine act as a reducing agent lowering the oxidation-reduction potential by removal of oxygen. This condition helps to prevent the accumulation of peroxides which is toxic in nature. The SH group of cystine also neutralizes the antibacterial effect of mercurial preservatives and other heavy metal compounds which exert a bacteriostatic effect in the materials under examination. Any increase in the oxygen content is indicated by a colour change of redox indicator, resazurin to red (7,8,9). The small amount of agar helps in maintaining low redox potential for stabilizing the medium (6).

In sterility checking, it is recommended to dilute the sample containing preservatives, with this broth to reduce the toxicity and enhance the growth of contaminants, if any.

**Type of specimen**

Pharmaceutical samples for sterility testing

**Specimen Collection and Handling:**

For pharmaceutical samples, follow appropriate techniques for sample collection, processing as per guidelines (2,3,11)

After use, contaminated materials must be sterilized by autoclaving before discarding.
Warning and Precautions

Read the label before opening the container. Wear protective gloves/protective clothing/eye protection/ face protection. Follow good microbiological lab practices while handling specimens and culture. Standard precautions as per established guidelines should be followed while handling specimens. Safety guidelines may be referred in individual safety data sheets.

Limitations:
1. It is intended for the examination of clear liquid or water-soluble materials.

Performance and Evaluation

Performance of the medium is expected when used as per the direction on the label within the expiry period when stored at recommended temperature.

Quality Control

Appearance
Cream to yellow homogeneous free flowing powder

Colour and Clarity of prepared medium
Light straw coloured, clear to slightly opalescent solution with upper 10% or less medium pink on standing.

Reaction
After sterilization, reaction of 2.92% w/v aqueous solution. pH : 7.1±0.2

pH
6.90-7.30

Growth Promotion Test
As per British Pharmacopoeia

Growth promoting properties
Clearly visible growth of microorganism comparable to that previously obtained with previously tested and approved lot of medium occurs at the specified temperature for not more than the shortest period of time specified inoculating <=100 cfu(at 30-35°C for <=3 days.

Stability test
Light yellow coloured clear solution without any precipitation sedimentation at room temperature for 7 days

Cultural Response

Cultural characteristics observed after an incubation at 30-35°C for not more than 3 days.

<table>
<thead>
<tr>
<th>Organism</th>
<th>Inoculum (CFU)</th>
<th>Growth</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clostridium sporogenes ATCC 19404</td>
<td>50 - 100</td>
<td>luxuriant</td>
</tr>
<tr>
<td>ATCC 11437</td>
<td>50 - 100</td>
<td>luxuriant</td>
</tr>
<tr>
<td>Clostridium perfringens ATCC 13124</td>
<td>50 - 100</td>
<td>luxuriant</td>
</tr>
<tr>
<td>(00007*)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bacteroides fragilis ATCC 23745</td>
<td>50 - 100</td>
<td>luxuriant</td>
</tr>
<tr>
<td>Bacteroides vulgatus ATCC 8482</td>
<td>50 - 100</td>
<td>luxuriant</td>
</tr>
<tr>
<td>Staphylococcus aureus subsp. aureus ATCC 25923 (00034*)</td>
<td>50 - 100</td>
<td>luxuriant</td>
</tr>
<tr>
<td>Staphylococcus aureus subsp. aureus ATCC 6538 (00032*)</td>
<td>50 - 100</td>
<td>luxuriant</td>
</tr>
<tr>
<td>Pseudomonas aeruginosa ATCC 27853 (00025*)</td>
<td>50 - 100</td>
<td>luxuriant</td>
</tr>
<tr>
<td>Pseudomonas aeruginosa ATCC 9027 (00026*)</td>
<td>50 - 100</td>
<td>luxuriant</td>
</tr>
</tbody>
</table>

Please refer disclaimer Overleaf.
**Storage and Shelf Life**

Store between 10-30°C in a tightly closed container and the prepared medium at 15-25°C. Use before expiry date on the label. On opening, product should be properly stored dry, after tightly capping the bottle in order to prevent lump formation due to the hygroscopic nature of the product. Improper storage of the product may lead to lump formation. Store in dry ventilated area protected from extremes of temperature and sources of ignition. Seal the container tightly after use. Use before expiry date on the label.

Product performance is best if used within stated expiry period.

**Disposal**

User must ensure safe disposal by autoclaving and/or incineration of used or unusable preparations of this product. Follow established laboratory procedures in disposing of infectious materials and material that comes into contact with sample must be decontaminated and disposed of in accordance with current laboratory techniques (4,5).

**Reference**


**Key:** * Corresponding WDCM numbers.

**Disclaimer:**

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